Appalachian State University
Counseling and Psychological Services Center

Community Resource Referral Form

Employment/Training Resources

- **Able Body Labor**
  - Temporary Workers
  2237 Highway 105
  (828) 264-8886
  www.ablebody.ablehq.com

- **High Country Workers**
  - Temporary Workers
  147 Meadowview Drive
  (828) 262-1263

- **Joblink: Employment Security Commission**
  Offers Career Planning, Training and Placement Services
  207 Winklers Creek Road
  (828) 265-5385
  www.wataugajobs.com

- **North Carolina Vocational Rehabilitation**
  People with disabilities
  Offers 4 major services:
  - Job Placement
  - Guidance & Counseling
  - Restoration & Training
  - Post-Employment Support
  245 Winklers Creek Road
  (828) 265-5396

- **Watauga Opportunities Inc.**
  Residents with disabilities of Ashe, Avery, and Watauga counties
  Provides vocational, residential, and employment services
  642 Greenway Road
  (828) 264-5009
  www.woiworks.org

- **Winston-Salem Urban League**
  Partnering with Business and Corporate sectors to secure jobs for African American youth and adults
  Training Programs
  Mentoring Programs
  201 West Fifth Street
  Winston-Salem, NC 27101
  (336) 725-5614
  www.wsurban.org

- **Get Real**
  Youth ages 16-21 years old
  Tuition assistance, Transportation, Child Care, and Work Experience
  626 Ashe Central School Road
  (336) 982-4834
  www.ashejoblink.com/getREAL

Food/Nutrition Resources

- **Angel Food Ministries**
  Monthly Food Boxes
  Pre-order online, 3rd Sat of month
  Apply in person at Brushy Fork Baptist Church
  Brushy Mtn. Baptist Church in Vilas, NC
  (828) 297-2524
  www.angelfoodministries.com

- **All Things Possible**
  Seeds of Hope Food Bank
  Weekly, Tuesdays 3:30-5:30
  No application required
  324-7 Hwy. 105 Extension, Carriage Square
  (828) 265-2000
  www.allthingspossiblechurch.org

- **Faith Bridge United Methodist Church**
  Casting Bread Food Pantry
  Tues. and Wed 11-4 or by appt.
  Tracey Kracher 295-8333
  194 Aho Road, Blowing Rock
  www.faitbridgeumc.org

- **Hospitality House Free Meals**
  Breakfast 7:30-8:30
  Lunch 11:30-1:00
  Dinner 5:30-6:30

- **Hunger Coalition**
  Food Bank and Pharmacy
  Boxes available once every 3 mos.
  Bring photo ID, paystub and proof of address
  141 Health Center Drive
  (828) 262-1628
  www.hungercoalition.com
The Salvation Army
- **Assistance with food, clothing, furniture, utilities and rent**
  - 220 Postal Drive
  - (828) 963-4184
  - [www.salvationarmy.org](http://www.salvationarmy.org)

Shelter Rock
- **Food Tuesdays at 5:30**
- **Furniture**
- **Dental Clinic yearly**
  - Church Road, Foscoe
  - (828) 963-2588
  - [www.shelterrock.org](http://www.shelterrock.org)

Housing Assistance

- **Hospitality House of the Boone Area, Inc.**
  - **Emergency and short term housing**
  - **Meal and food assistance**
  - 302 West King Street
  - (828) 264-1237
  - [www.hospitalityhouseofboone.org](http://www.hospitalityhouseofboone.org)

- **Northwestern Regional Housing Authority**
  - **HUD/Section 8**
  - **White Laurel**
  - 869 Highway 105, Suite 3
  - (828) 266-9794
  - [www.nwrha.com](http://www.nwrha.com)

- **Watauga Crisis Assistance Network (WeCan at Hospitality House)**
  - **Watauga residents only**
  - **Helping prevent eviction**
  - **Assisting with electric cut-off notices**
  - **Traveler’s emergency assistance**
  - 302 W. King Street
  - (828) 264-1237
  - [http://community.appstate.edu/university-partner/wecan-watauga-crisis-assistance-network](http://community.appstate.edu/university-partner/wecan-watauga-crisis-assistance-network)

Legal Aid Services
- **Seven-County Area**
- **Legal assistance in civil matters to eligible low-income clients**
- **No child support or traffic violations**
  - 171 Grand Boulevard
  - (828) 264-5640
  - [www.legalaidnc.org](http://www.legalaidnc.org)

Resources for Children and Families

- **Children’s Council of Watauga County**
  - **Childcare Resource and Referral Service**
  - 225 Birch Street
  - (828) 262-5424
  - [www.thechildrenscouncil.org](http://www.thechildrenscouncil.org)

- **The Children’s Playhouse**
  - **For families with children ages birth to 8 years old**
  - **Affordable family fun where parents and children can play together**
  - **Free scholarships available**
  - 400 Tracy Circle
  - (828) 263-0011
  - [www.goplayhouse.org](http://www.goplayhouse.org)

- **Watauga County Health Department**
  - **WIC (Women, Infants, & Children)**
  - 132 Poplar Grove Rd. Connector
  - (828) 264-6635
  - [www.nutritionnc.com](http://www.nutritionnc.com)

- **WAMY Community Action**
  - **Watauga, Avery, Mitchell, and Yancey Counties**
  - **Weatherization Assistance**
  - 225 Birch Street, Suite 2
  - (828) 264-2421
  - [http://community.appstate.edu/university-partner/wamy-community-action](http://community.appstate.edu/university-partner/wamy-community-action)

- **Western Youth Network**
  - **Youth of Watauga County**
  - **After-school services**
  - **Mentoring program**
  - 155 WYN Way
  - (828) 264-5174
  - [www.westernyouthnetwork.org](http://www.westernyouthnetwork.org)

Legal Services

- **Blue Ridge Dispute Settlement Center**
  - **Watauga County individuals, businesses, and agencies**
  - **Mediation and facilitation of disputes**
  - 133 N. Water Street
  - (828) 264-3040
  - [www.uslawyersdb.com](http://www.uslawyersdb.com)
Support Groups

- **AA Meetings**
  - (828) 264-1212
  - [www.booneaa.org](http://www.booneaa.org)

- **Al-Anon Meetings**
  - [www.booneaa.org/frames/17-alanon.htm](http://www.booneaa.org/frames/17-alanon.htm)

- **Celebrate Recovery**
  - Alliance bible Fellowship
  - [www.celebraterecoveryboone.com](http://www.celebraterecoveryboone.com)

- **NA Meetings**
  - [www.drugstrategies.org](http://www.drugstrategies.org)

- **Hospice**
  - **Individual and Group support on death and dying**
  - **Education and awareness programs**
  - 136 Furman Road Suite 4
  - Boone, NC 28607
  - Phone: 828.265.3926
  - [www.highcountryhospice.org](http://www.highcountryhospice.org)

- **Grief Share**
  - **Faith based support group on death and dying**
  - Mt. Vernon Baptist Church
  - 3505 Bamboo Road Boone 28607
  - (828) 266-9700
  - [www.mtvernonchurch.org](http://www.mtvernonchurch.org)

Thrift Stores:
Clothing, furniture, kitchenware, etc.

- **Bare Bones Unique Boutique**
  - Proceeds benefit Humane Society
  - 153 Don Hayes Road
  - (828) 264-7339

- **Hebron Colony**
  - 1320 Hwy 105
  - (828) 268-1468

- **Goodwill**
  - 231 Boone Heights Drive
  - (828) 264-4174

- **Mountain Pathways Thrift Store**
  - 8763 NC Hwy 105
  - (828) 963-8878

- **Ram’s Rack**
  - 877 West King Street
  - (828) 262-5029

- **Unique Boutique**
  - 147 Perkinsville Road
  - (828) 264-2436

Transportation Services

- **Appalcart**
  - Watauga County
  - Provides transportation in-town and out-of-town
  - 274 Winkler’s Creek Road
  - (828) 264-2278 (264-CART)
  - [www.appalcart.com](http://www.appalcart.com)

- **Department of Motor Vehicles**
  - Driving tests and license
  - 4469 Bamboo Rd, Boone
  - (828) 265-5384
  - [www.onlinedmv.com](http://www.onlinedmv.com)

- **PART—US 421 Mountaineer Express**
  - Transportation from Boone to Greensboro
  - (336) 662-0002
  - [www.partnc.org/us421.html](http://www.partnc.org/us421.html)

Other:

- **Boone Crisis Pregnancy**
  - Support for unplanned pregnancies
  - Free pregnancy tests and ultrasounds
  - Contraception, abortion, pregnancy and adoption Education from pro-life perspective
  - 232 Furman Road
  - (828) 265-4357
  - [www.choosehope.org](http://www.choosehope.org)

- **Caldwell Community College**
  - 212 White Oak Road
  - GED/HSD (828) 297-5253
  - 294 Community College Drive
  - College (828) 297-3811
  - [www.ccti.edu](http://www.ccti.edu)

- **Community Care Clinic**
  - Must Not Have Insurance
  - General medical care and lab work
  - Chiropractic care
  - Acupuncture
  - Counseling
  - 141 Health Center Drive
  - (828) 265-8591
  - [www.ccclinic.org](http://www.ccclinic.org)
- **Department of Social Services**
  - Food Stamps
  - WFFA (Work First Family Assistance)
  - LIEAP (Low Income Energy Assistance)
  - Crisis Intervention
  - Bremcare (electric bill assistance)
  - Emergency Assistance
  - Subsidized/Free Childcare/Daycare
  - Health Choice
  - Medicaid and Medicaid Transportation
  - Elderly/Disabled Transportation
  - Domestic Violence Funding
  - Services for the Blind

**Watauga County**
132 Poplar Grove Rd. Connector
(828) 265-8100
[www.ncdhhs.gov/dss](http://www.ncdhhs.gov/dss)

- **OASIS, Inc.**
  - Watauga County
  - Provides emergency services, transitional support, and a safe environment for survivors of abuse.

**Crisis Line:** (828) 262-5035
**Office Line:** (828) 264-1532
[www.oasisinc.org](http://www.oasisinc.org)